midtown
VEGAN DELI & MARKET

HOT STUFF

Crunchwrap.....**18**
Beyond beef, cheese whiz, shredded cheddar, cilantro lime crema, lettuce, tomatoes, and a tostada shell all wrapped in a large flour tortilla. Served with a side of salsa. *(Contains nuts)*

The Reuben.....**17**
Corned beef, Chao Cheese, sauerkraut, house-made sauce, on marble rye, and pickle on the side.

The Philly.....**17**
Choose between soy curl chicken or house made steak, onions, bell peppers, mushrooms, sweet & hot peppers, melted Chao Cheese, mayo and lettuce on a hoagie roll.

Buffalo Chicken Sandwich.....**15**
Fried chicken *(Panko-breaded)*, Franks Red Hot, house-made ranch, romaine, and pickles on a brioche bun.

Game Changer Grilled Cheese.....**13**
Artichoke hearts, light mayo, creamy Chao and Vevan Cheddar, on sourdough. *(Make it spicy, add Jalapeños!).*

French Dip.....**17**
House made Roast beef with sauteed mushrooms, onions, and melted Chao Cheese on a hoagie roll, served with a side of horseradish and au jus for dipping.

Midtown Chopped Cheese.....**17**
Seasoned ground Beyond Meat, grilled onions, American cheese,
lettuce, tomatoes, mustard, mayo and ketchup on a hoagie roll.

BLT.....**13**
Crispy bacon, lettuce, tomato w/ mayo on lightly toasted sourdough

BBQ Pork Sandwich.....**15**
House made marinated BBQ Pork, ranch and pickles, on a brioche bun.

COLD SANDWICHES

Also available in our Grab N' Go section

Egg Salad Sandwich.....**13**
Tofu-based egg salad recipe, romaine lettuce , and tomatoes on lightly toasted sourdough.

Veggie Grinder.....**13**
Diced tomatoes, artichoke hearts, shredded lettuce, pickles, roasted red peppers, pepperoncinis, Chao cheese, and italian dressing on a hoagie roll.

Roast Beef and Provolone.....**15**
House made Roast beef, provolone, lettuce, tomatoes, pickles, mustard and mayo on a hoagie roll.

BURGERS

(ASK ABOUT OUR BURGER OF THE MONTH!)

Return of the Mac.....**14**
Choice of Beyond or our house-made black bean patty, cheese, shredded romaine, tomatoes, pickles, and thousand island, on a sesame seed bun.

Midtown Mushroom Burger.....**14**
Choice of Beyond or our house-made black bean patty, hot peppers, grilled onions and mushrooms, provolone cheese, and thousand island dressing on a brioche bun.

Western Bacon Chi.....**16**
Choice of Beyond or black bean patty, cheese, onion rings, BBQ sauce, and crispy bacon, on a sesame seed bun

BASKETS

half baskets available

Golden Crispy, Crinkle Cut, or Tots.....**7**

Sweet Potato Fries.....**10**

No-Animal Style Fries *(Sweet Potato Fries add $2)*.....**13**
Covered in Russian dressing, shredded cheese, grilled onions, and grilled pepperoncinis

Ranch Style Fries *(Sweet Potato Fries add $2)*.....**10**
Smothered in ranch and sprinkled with bacon bits
(Ask for crinkle cut fries to take it back to the Eegee's days).

Buffalo Style Fries *(Sweet Potato Fries add $2)*.....**13**
Topped with seasoned soy curls and covered in Frank's Red Hot sauce with a ranch drizzle.

Cheesy Fries *(Sweet Potato Fries add $2)*.....**12**
Covered in our house made cheese whiz, and crispy bacon bits. *(contains nuts).*

Onion Rings.....**7**

Hot Wings.....**11**
Five bone-in wings in your choice of sauce: hot buffalo, sweet BBQ, or ghost pepper sauce. Served with a side of ranch and celery sticks.

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GET YOUR GREENS



(make any salad a wrap add $1)

The Deli Chop.....11
Romaine, roasted red bell peppers, artichoke hearts, pepperoncinis, tomatoes, croutons, and your choice of dressing.

Chicken Caesar Salad.....15
Romaine, chicken, parmesan cheese, croutons, and house made caesar dressing.

Chicken Avo Salad.....15
Chicken, avocado, tomatoes, romaine, ranch, croutons, and bacon bits.

DELI SALADS

8oz-4.0 16oz-8 32oz-16
Macaroni Salad
Potato Salad



8oz-5 16oz-10 32oz-20
Egg Salad

BREAKFAST- AVAILABLE ALL DAY

The Bagel Sammy.....13
Just Egg, cheese, and your choice of bacon or sausage, on a plain or everything bagel.

The Breakfast Brioche.....13
Just Egg, cheese, and your choice of bacon or sausage, on a brioche bun.

Add a side of home fries to any breakfast option for $2

Ask for a side of salsa to any breakfast option.

The Bacon, Egg, and Cheese Burrito.....13
Just Egg, tofu scramble, shredded cheese, and bacon on a flour tortilla.



T-Town Breakfast Burrito.....17
Just Egg and tofu scramble, homefries, cheddah, green chilies, and your choice of soyrizo, or bacon.
Sub sausage for an additional $2

Midtown Scramble.....16
(Add tortillas or toast for an additional charge)
Just Egg and tofu scramble, homefries, cheddah, green chilies, and your choice of soyrizo or bacon.
Sub sausage for an additional $2

MILKSHAKES

Strawberry Fields.....15
Vanilla ice cream, strawberries, cream, and soy milk.

Cookies N' Cream.....15
Vanilla ice cream, Newman's Own cookies, cream, and soy milk.

Brownie Temptation.....14
Vanilla ice cream, brownies, cream and soy milk

Vanilla.....13
Vanilla ice cream, vanilla extract, cream, and soy milk



COFFEE

Midtown Americano.....3.25
Midtown Latte.....5.25
Drip Coffee.....2..75
Cold Brew.....3.99

Cold Pressed Orange Juice.....4.25
Tractor Fountain Soda.....3

ALCOHOL

Draft Beer $6
Canned Beer.... Prices Vary